Instructions for making One Dollar For Life masks with integrated hypoallergenic filter
Materials needed for each mask:

- Two 8” x 7 ¼” pieces of soft cotton or flannel
- One 8” x 7” piece of hypoallergenic cotton or heavy weight non-woven interfacing (for the filter layer)
- Four 14” pieces of string or two 7” pieces of ⅛” or ¼” elastic
- One 1” paper clip (metal with plastic covering)

Equipment needed:

- Ruler
- Pins
- Scissors
- Sewing machine
• Lay out the fabric as shown with the bright side up.

• Sew a 7” long piece of ¼” or ⅛” elastic half an inch from the top and bottom of the shorter edges of the fabric.
• Layer 1 (flannel or soft cotton) with elastic attached.

• Place layer 2 (flannel or soft cotton) over layer 1 with bright sides facing and elastic between.

• Position layer 3 (filter) as shown. Note the ¼” size difference.
• Sew down one side, along the bottom and up the other side to fasten the 3 layers of fabric and elastic together. Leave the upper edge open.

• It should look like this.
• Turn it so the brightly patterned side is out.

• Note that the filter layer ends ¼” below the top of the opening.
• Fold the open edges under \( \frac{1}{4}'' \).

• Sew a “pocket” 2 \( \frac{1}{2}'' \) wide by \( \frac{1}{2}'' \) deep in the middle of the open edge.
• Insert an opened 1” paper clip (it will look like a long skinny letter C) in the pocket and push to the bottom of the pocket.

• Sew across the open edge about ⅛” from the edge.
• Measure 1 ½” down one of the shorter sides and mark with a pin, then measure another inch (i.e. 2 ½” from the top) and mark with another pin. Pin these two points together so you have a ½” pleat on the back.

• Make 2 more half inch pleats by measuring an inch each time, pinching and folding.
• Sew down the side, removing the pins as you go, to hold the pleats in place. Now sew across the bottom of the mask.

• Make three ½” pleats along the other side, pinching and folding and sewing in place to match the opposite side.
• Your finished mask will look like this.

• Pinch the paper clip to fit the mask closely to the face.

• The mask can be washed in warm soapy water (which kills the virus) and dried for repeated use.