Instructions for making
One Dollar For Life masks with
space for inserting a filter layer
Materials needed for each mask:

- One 8” x 14” piece of soft cotton or flannel
- Four 14” pieces of string **or** two 7” pieces of ⅛” or ¼” elastic
- One paper clip

Equipment needed:

- Ruler
- Pins
- Scissors
- Sewing machine
Pattern if you don’t have the fabric for a filter layer

- Take your fabric and sew 7” pieces of elastic ½” from the top edge and ¼” from the fold.
• Sew down both sides and leave the top open. The elastic is inside.

• Turn the other way out.
• Fold the open edges under ¼”.

• Sew a “pocket” 2 ½” wide by ½” deep in the middle of the open edge.
• Insert an opened paper clip in the pocket and push to the bottom of the pocket. Sew across the top of the pocket but leave the rest of the top edge open so medical personnel can insert their own filter.
• Measure 1 ½” down one of the shorter sides and mark with a pin, then measure another inch (i.e. 2 ½” from the top) and mark with another pin. Pin these two points together so you have a ½” pleat on the back.

• Make 2 more half inch pleats by measuring an inch from the previous pleat each time, pinching and folding.
• Sew down the side, removing the pins as you go, to hold the pleats in place. Now sew across the bottom of the mask.

• Make three ½” pleats along the other side, pinching and folding and sewing in place to match the opposite side.
• This shows how a filter layer can be inserted before wearing.

• The two openings allow the material to be moved easily into place.
• Your finished mask will look like this.

• Pinch the paper clip to fit the mask closely to the face.

• The mask can be washed in warm soapy water (which kills the virus) and dried for repeated use.