



# ODFL Project Flyer

## The Girls' Equality Project

**Project Name:**

The Girls' Equality Project

**Project Location:**

South Africa, Kenya, Malawi, Nepal, Myanmar, Indonesia, Nicaragua, other countries.

**Product Summary:**

Reusable sanitary pad kit for teenage girls.

**Product Detail:**

- Washable flannel pads
- Waterproof exterior shield
- Transport bags
- Reusable hundreds of times

**Project Cost:**

Cost varies from \$5-\$16 per kit, depending on country, vendor, and specific kit contents.



Girls throughout the world are discriminated against. The burdens are especially debilitating in education once girls reach puberty. In many countries, girls miss a full week of school each month due to menstruation. They soon drop out of school. This leaves girls disadvantaged for life.

ODFL's Girl's Equality Project provides teenage girls in developing countries with reusable sanitary pads, allowing them to stay in school. A package for one girl includes 8 washable, reusable pads, 2 waterproof shields, 2 pairs of panties, 1 washcloth, soap and a discrete bag for transport. The pads can be washed and re-used hundreds of times. The kit has an expected life span of three years.

ODFL works with its partners in each country to provide the kits to girls. Distribution includes education about menstrual health and how the girls can take care of themselves. The \$5-\$16 cost per kit (which ODFL covers) is a very low cost to liberate half of humanity's potential.

Website: [www.odfl.org](http://www.odfl.org)

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